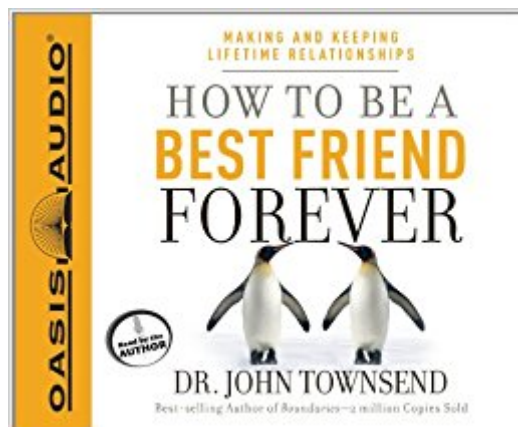




**The book was found**

# **How To Be A Best Friend Forever: Making And Keeping Lifetime Relationships**



## Synopsis

Our world has diluted the meaning of friendship, but the reality is, there's nothing like the sustaining strength of true-blue, forever friends. Still, many people are convinced that they'll never find such lifelong connections or that they don't need them. In this encouraging audio book, best-selling author and psychologist John Townsend delivers hope and help for making these relationships a reality and for making them even better if you've already got a "bestie." His eight principles for building the very best kind of friendship, along with his shared experiences within his own friendships (including mistakes he's made), will move every listener to aspire to deeper connections and to stay the course when challenges arise. Townsend's simple but profound concepts are sure to transform listeners' relationships and keep them from missing out on one of life's greatest and most essential joys: the joy of having a best friend.

## Book Information

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## Customer Reviews

It's not wealth that brings joy and meaning to life; it's the people we cherish. In this trade-paper conversion, best-selling author and psychologist John Townsend delivers hope and help for strengthening your connection to some of the most important people in your life. By utilizing Townsend's 8 principles for building strong friendships, even your good relationships will become better. --This text refers to an out of print or unavailable edition of this title.

This provocative little book will show you how to grow satisfying, long-lasting friendships through

special skills that you can easily learn. John Townsend helps readers work through the eight vital skills necessary for building long-term, rewarding friendships: #1 The Secret to Rewarding Friendships Explores our need for human relationships, including what so many of these relationships are missing. #2 Don't Look Up for Friends This provocative little book will show you how to grow satisfying, long-lasting friendships through special skills that you can easily learn. John Townsend helps readers work through the eight vital skills necessary for building long-term, rewarding friendships. Topics include: #1 The Secret to Rewarding Friendships Explores our need for human relationships, including what so many of these relationships are missing. #2 Don't Look Up for Friends Explains how seeking people who live and work at your socio-economic level, or those whom you may see as beneath you, will help you discover greater spiritual and intellectual riches. #3 Friendship Is Not About You Emphasizes how giving your friends lots of space and maintaining a life of your own builds stronger friendships. #4 Common Interests Fuel Friendships Helps you seek common interests in others for more fulfilled friendships. #5 Friends Listen Long and Well How to hear not just your friends' words but also their hearts. #6 Give Friends the Grace You Need How to give as much grace to a friend who has offended as you pray God will give you in your own times of weakness. #7 Friends Hold Each Other Accountable How spirituality and emotionally investing in others helps prevent personal failure. #8 Catch Friends Doing Right Things How to affirm your friends' gifts and behaviors when you catch them doing or saying right things. --This text refers to an out of print or unavailable edition of this title.

I believe the main reason in the advancement of technology and the birth of social media (instant communication) is to increase the connection that we as humans deeply desire. Without a doubt friendships, love, family, acceptance and communication is what spurs us forward; but are we genuinely connecting? Are we really being the friends, best friends we claim to be? Are we having Those soul filling relationships we desire or are we just saying we do?-It's weird how we wish to be so close but we're everything but that. This book "How to be a best friend forever" encourages the importance of a best friend, a true best friend. Not someone we just give a title to, but someone who in fact lives and acts out what a best friend really is.-In a society where we are consumed with living, and where loyalty is becoming rare, deep connecting friendships that provide us with happiness, guidance, and acceptance is not only crucial but in fact mandatory. We as humans have this belief that we can do it all alone, but having true friends, can do wonders for us.-True Friendships enhance the quality of our life and relationships. They contain different strengths that bring out different qualities as well as being that therapist, teacher, nurse etc.-This read not only outlines the

importance of a great friendship, but provides insight on how to tell whether or not the relationship is true and real. The author also provides ideologies on how to build and maintain a bond through methods of connecting and attachment.-This will help you to review the relationships you have already, to help you understand if you're maximizing its potential.

What a wealth of information from Dr. John Townsend concerning friendships! His extensive research with numerous examples of different types of friendship and family relationships are so helpful for healthy living or as Christ says in John 10:10 "Abundant Life".

Came on time and in great condition. I was really happy with this book. It has helped me to see the things I need to change to restore a friendship of twenty-some years. We had some disagreements and hurt feelings, and, of course, I felt I was more right than she, but in the end is it better to be right or have a friend? I found some great information in here that will help.

I liked how it was broken down and explained with real life examples. I chose it based on the book "Safe People" and would recommend both books to friends.

Disappointed. Very sketchy. Almost like the author just wanted to churn out another book. No depth on concepts. Was expecting more from Dr. Townsend. Maybe not his area of expertise.

This is another great self help book by DR Townsend. I have read many of his books and this one is as good as the rest.

It took me a while to get into this book, mostly because I didn't want to acknowledge the lessons. The biggest lesson I have learnt through reading this book is that I do not really have the "tools" or "experience" in being a best friend. But I now understand the importance of having a best friend in my life: "Having deeply accepting friends helps us beyond the fact of being accepted by others, and then by ourselves. When our deepest relationships know us and accept us anyway, we are now free to deal with our weaknesses as a problem, rather than a condemnation." This is what has happened to me. I was accepted for who I was and then was able to finally look at my own acceptance as something easily achieved.

Purchased this book as a gift. Very informative and easy reading. Extremely pleased with this purchase. Highly recommend to others.

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Mothers Cure: Toxic Relationships With Narcissistic Mothers Understood And Overcome Forever!  
(Difficult Mothers, narcissistic ... absent mother, narcissist relationship)

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